

*Step outside &
discover Riverside's
natural beauty*

*Our Walking Routes
& Trails are waiting
for you & your
entire family to*

**Walk
Riverside**

Walk Riverside: Routes & Trails



The Walk Riverside study was made possible through a grant from Kaiser Permanente and a partnership with the City of Riverside and County of Riverside Department of Public Health.



KAISER PERMANENTE®



Riverside County
Community Health Agency
Department of *Public Health*



**Your complete guide
to Riverside's best
walking routes
& trails.**



A message from Mayor Loveridge

Riverside is a city alive with walking routes and trails for everyone from the walking enthusiast to the casual weekly stroller. My wife

and I have made walking Riverside a daily habit for more than 40 years and appreciate all Riverside has to offer.

The City of Riverside is dedicated to promoting and empowering community residents to live actively. Our long-term goal is to provide opportunities for physical improvements and promote healthy lifestyles for Riversiders. A good community is a healthy community. Recently, as mayor, I appointed the Walking Communities Task Force that analyzed opportunities and challenges for walkers in Riverside.

My thanks to Jim Clover and Mark Williams for their leadership as co-chairs to the task force. The City of Riverside, Riverside County Department of Public Health and Kaiser Permanente partnered together to support and staff the task force.

The following maps feature walking routes and trails the will allow you to get to know the community as you walk to a healthy lifestyle. They attest to the beauty and variety one can find when discovering new paths in local parks and greeting friends along established trailheads. So, get on your walking shoes and get out there and walk Riverside!

Mayor
Ronald O. Loveridge

Dedicated to Mark Williams, 1948 - 2005

Where Have You Walked?

- ☐ Bordwell Park
- ☐ Bryant Park
- ☐ Canyon Crest
- ☐ California Citrus State Historical Park
- ☐ Collett Park
- ☐ Fairmount Park
- ☐ Galleria at Tyler
- ☐ Golden Park
- ☐ Harrison Park
- ☐ Hawarden Hills
- ☐ Hunt Park
- ☐ Hunter Park
- ☐ Islander Park
- ☐ La Sierra Park
- ☐ Lochmoor Drive
- ☐ Don Lorenzi Park
- ☐ Magnolia Center Mile
- ☐ Martha McLean-Anza Narrows Park
- ☐ Mission Grove Mile
- ☐ Mission Inn & Main Street Pedestrian Mall
- ☐ Mount Rubidoux
- ☐ Nichols Park
- ☐ Orange Terrace Community Park
- ☐ Overlook Parkway
- ☐ Reid Park
- ☐ Riverwalk
- ☐ Sycamore Canyon Wilderness Park
- ☐ Taft Park
- ☐ Thundersky Park
- ☐ Tilden Trail
- ☐ Victoria-Cross
- ☐ Victoria Loop
- ☐ Villegas Park
- ☐ White Park

Welcome

Riverside offers a great variety of adventures for the walking enthusiast. From our lush parks, historic neighborhoods and agricultural greenbelts to our canyon and chaparral wilderness trails. Riverside offers everyone a chance to slow down and to take in the beauty around us.

The following routes and trails provide locations, parking suggestions, length of route and tips about the path.

Discover for yourself the beauty Riverside offers as you walk to good health.

Bordwell Park

Walking Route:

Walk towards back of the park, staying on the sidewalk. Follow the path around the playground, and back towards the parking lot.

Distance:

1,000 steps = 1/2 mile

Terrain:

Sidewalk

Neighborhood:

Eastside

Cross Streets:

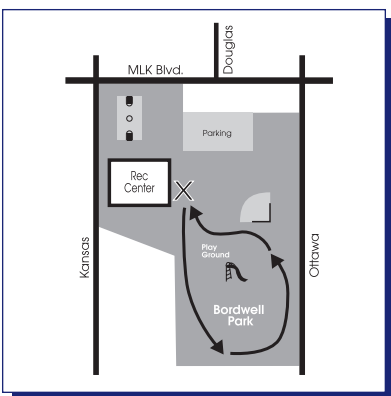
Martin Luther King (14th) & Kansas

Parking:

Parking lot available off Martin Luther King Jr. Blvd.

About the Route:

Bordwell Park is a meeting place for the Riverside Walkers for Health and Fun. There are posted distance markers along the sidewalk, which is very smooth and wide. The park is surprisingly large, with a basketball court, baseball fields, recreation center and playground, well-kept grounds and trees.



Box Springs Mountain Reserve

Box Springs Mountain Reserve

Walking Route: Located at the end of Two Trees Road. Look up the dirt road for the Two Trees sign post. Follow the trail east, up the mountain.

Distance:

Two Trees Trail head is 1.5 miles from the base

Terrain:

Steep, rocky, narrow and single file

Neighborhood:

University

Cross Street:

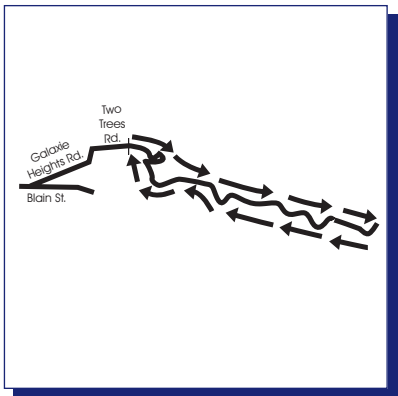
Two Trees Road

Parking:

Limited to street parking on Two Trees Road. Sign diverts hikers to park at the end of Blaine Street. The dirt road will connect to Two Trees Road, if you turn left at the four way dirt intersection.

About the Route:

For the more serious walker/hiker, Two Trees Trail is a Riverside County Park that connects with four additional trails in the Box Springs Mountain Reserve. The trail vista includes Downtown Riverside, Saddleback Mountain, and Mt. Rubidoux. The walker/hiker needs to look out for animal life and wear hiking shoes. Practice safety first, walk with a companion, carry water, wear proper shoes, use sunscreen, wear sunglasses and a hat, and stay on marked trails.



Bryant Park

Walking Route:

Counterclockwise around park, past tennis courts, between baseball fields, left towards WIC clinic. Two laps equal one mile.

Distance:

1,000 steps = 1/2 mile

Terrain:

Sidewalk

Neighborhood:

Arlanza

Cross Streets:

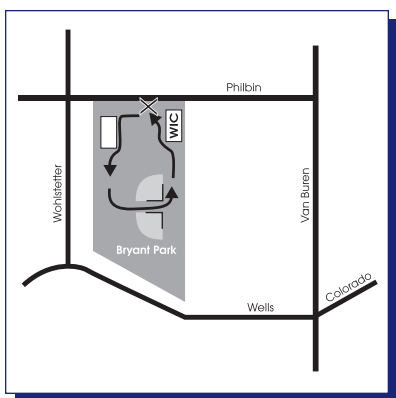
Philbin & Wohlstetter

Parking:

Along Philbin (at the park).

About the Route:

Bryant Park houses local resources (childcare, WIC clinic). Lots of open green space, small playground, covered picnic area, tennis & basketball courts, and a wide sidewalk.



California Citrus State Historical Park

Walking Route:

Follow main road to back of park (Visitors Center), turn left along hilly trails, veer towards left back into grassy area.

Distance:

2,000+ steps = 1 mile

Terrain:

Hilly, packed dirt, gravel & asphalt.

Neighborhood:

Arlington Heights

Cross Streets:

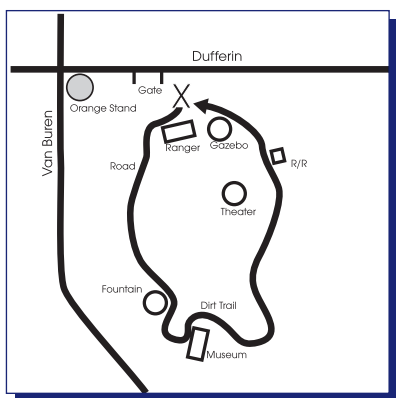
Van Buren & Dufferin

Parking:

Inside park gates on Dufferin (charge of \$4 per car, self-pay).

About the Route:

Off the beaten path, tremendous historical value, great place to relax, far removed from traffic, look for wildlife & birds. Maps at gazebo, park ranger on site, greenery galore, well-maintained, breathtaking vistas, dogs allowed, restrooms, water fountains & benches. Best place to picnic & take pictures!



Canyon Crest Town Center

Walking Route:

Follow perimeter sidewalk along main streets circling the town center, facing on-coming traffic.

Distance:

1,600 steps = 3/4 mile

Terrain:

Paved sidewalk & driveways.

Neighborhood:

Canyon Crest

Cross Streets:

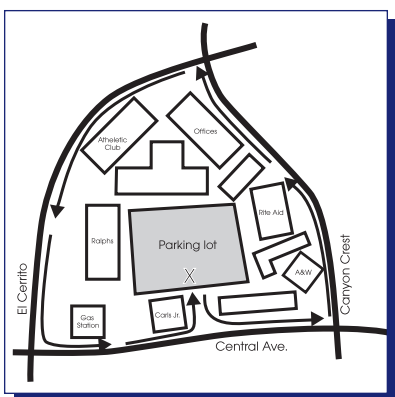
Canyon Crest Drive at Central Avenue

Parking:

Readily available in shopping center.

About the Route:

Smooth sidewalk, good shade, shrubbery and trees, a true destination, opportunity to complete errands. A quaint place to discover, very active, residences along route, good street lighting.



Collett Park

Walking Route:

Start at the playground, and walk west along Collett (away from the school). Turn left on Sunrose, and left on Arrowwood. At the end of Arrowwood, turn around and make a right along Torrey Pines. Turn right on Collett to head back to the start.

Distance:

2,000 steps = 1 mile

Terrain:

Sidewalk

Neighborhood:

La Sierra

Cross Streets:

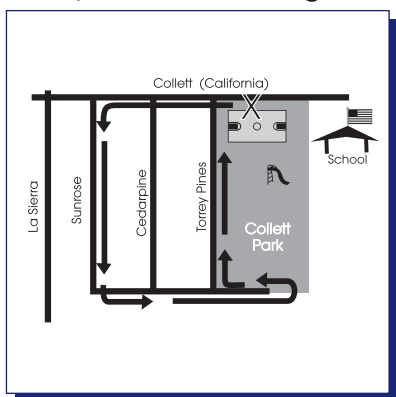
Collett, east of La Sierra

Parking:

Small parking lot on Collett (next to the school) or along the curb at Torrey Pines.

About the Route:

This walk takes you through the quiet neighborhood and park. The sidewalk is wide and unobstructed, and children are always out playing. The park offers a basketball and sand volleyball court, winding sidewalks for bikes and skates, and two play areas. Plenty of open grass space for picnics, parties, or tossing a football.



Derr Park

Walking Route:

Follow Monroe south, crossing Lincoln. Walk on southwest side of street. Turn left on Victoria, make a u-turn at Gratton stop sign.

Distance:

2,200 steps = 1 mile

Terrain:

Sidewalk & street, rough asphalt on Victoria.

Neighborhood:

Presidential Park

Cross Streets:

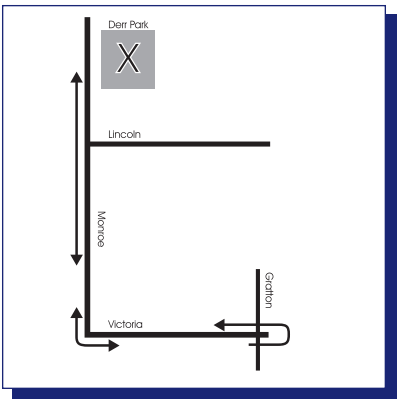
Lincoln & Monroe

Parking:

At Derr Park or along Monroe.

About the Route:

Plenty of shade, wide sidewalk areas, low traffic area. High visibility, active path, nice trees & grass, sidewalk is removed from cars, great for dogs & strollers.



Fairmount Park

Walking Route:

Follow main road to the right, around small lake in front.

Distance:

2,100 steps = 1 mile (around Fairmount Lake).

Terrain:

Grass, dirt and paved roads (no sidewalks).

Neighborhood:

Downtown

Cross Streets:

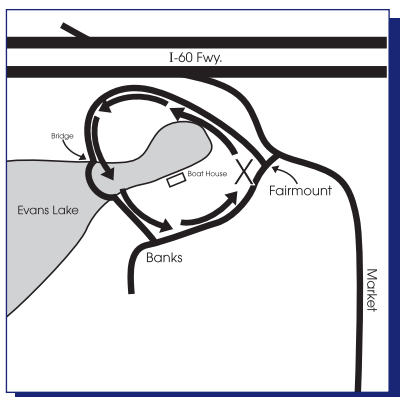
Market Street at Banks Drive

Parking:

At the main entrance, or small lots along park roads. A park map is posted by the main entrance.

About the Route:

Great shade and trees, off main road, open space and playgrounds, benches and water fountains, picnic areas, fishing dock, ducks and lawn bowling.



Fairmount Park Extended

Walking Route:

Follow the main road to the right, along the golf course, staying on Dexter Drive around the entire lake.

Distance:

4,000 steps = 2 miles around Lake Evans.

Terrain:

Grass, dirt and paved roads (no sidewalks).

Neighborhood:

Downtown

Cross Streets:

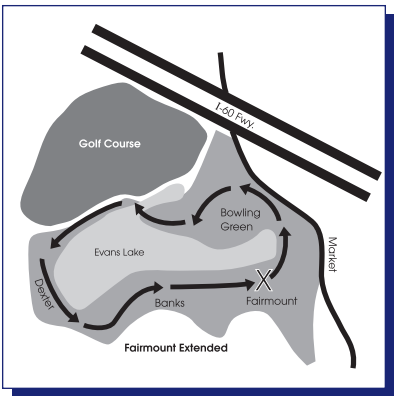
Market Street at Banks Drive

Parking:

At the main entrance, or small lots along park roads. A park map is posted by the main entrance.

About the Route:

Great shade and trees, off main road, open space and playgrounds, benches and water fountains, picnic areas, fishing dock, ducks and lawn bowling.



Galleria at Tyler

Walking Route:

Window-shop walk around both levels of the mall, following the store fronts.

Distance:

2,100 steps = 1 mile (2 laps inside mall, on upper & lower levels).

Terrain:

Tile and carpet

Neighborhood:

La Sierra

Cross Streets:

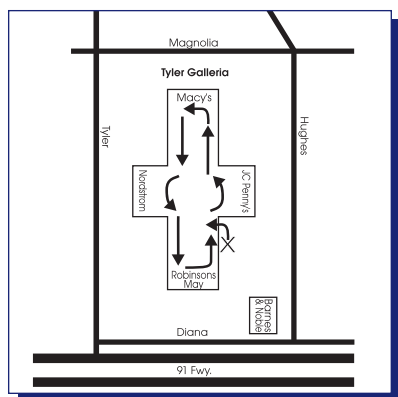
Tyler and Magnolia (at 91 freeway).

Parking:

On Tyler, Magnolia and Hughes.

About the Route:

A great walk before stores open (most at 10 am), exceptional place for strollers and wheelchairs, places to rest & eat, high security and cleanliness, perfect for rainy days or late evenings. It's very vibrant and welcoming with lots of indoor greenery.



Golden Park

Walking Route:

Start at the corner of Golden & Campbell. Walk up the trail, staying to the left. The trail will wind along the hillside, and end at Orion Street. Take Orion down the hill, and turn right on Sierra Vista. Turn right on Gramercy, and right on Golden.

Distance:

2,200 steps = 1 mile

Terrain:

Dirt trail along the hillside, then sidewalks & streets after the hill.

Neighborhood:

La Sierra Hills

Cross Streets:

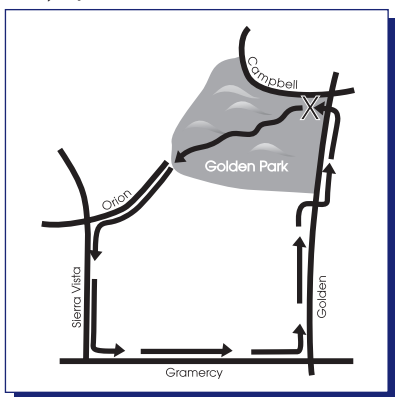
Golden & Campbell

Parking:

Park along the curb on Campbell, just before the curve.

About the Route:

This walk begins with a steady incline through the dirt trails and wildflowers, and leaves you at the end of a cul-de-sac. Once on the sidewalk, the path descends through the quiet community as you turn back to the starting point. On Golden (as you head uphill again), you will have to cross the road to stay on sidewalk.



Harrison Park

Walking Route:

Head west through park, left on Harrison, left on Victoria, left on Myers, left on Lincoln.

Distance:

1,800 steps = 3/4 mile

Terrain:

Sidewalks & rough asphalt on Victoria.

Neighborhood:

Arlington South

Cross Streets:

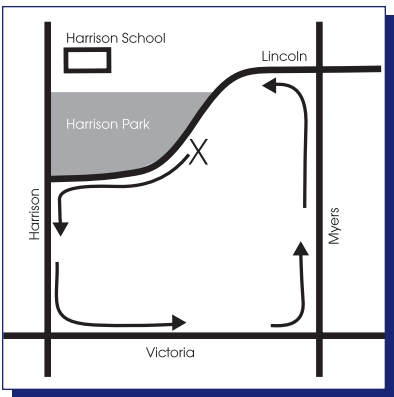
Lincoln & Harrison

Parking:

Along Lincoln (no parking lot).

About the Route:

Park is well maintained, in a school zone with crosswalks. Victoria is a very active and safe street, no major roots or cracks along this portion, quiet residential area.



Hawarden Hills

Walking Route:

Turn right on Lancelot, left on Merlin, right on Sovereign, and left on Bevin. Turn right on Maude, and right on Victoria. Turn right on Horace to return to the start.

Distance:

1,500 steps = 3/4 mile

Terrain:

Sidewalk

Neighborhood:

Hawarden Hills

Cross Streets:

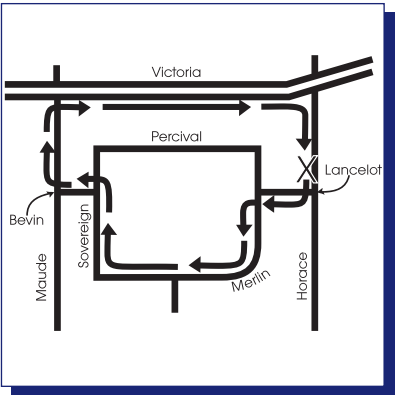
Victoria & Horace

Parking:

Park along the curb on Horace or Lancelot.

About the Route:

This walk takes you down the south sidewalk of Victoria, which is much greener than the north side. A short trip through the local neighborhood gives you a quick tour of the homes of Hawarden Hills. You will have to cross several small streets. Expect mild traffic most of the time, cyclists and walkers enjoying the shade and safety of Victoria Avenue.



Hunt Park

Walking Route:

Follow Jackson to Magnolia. Turn left at the stoplight. Turn left on Sherman, and left on Garfield. Enter the park and follow the diagonal sidewalk to the back of the park (basketball court).

Distance:

2,200 steps = 1 mile

Terrain:

Sidewalk, grass & street.

Neighborhood:

Ramona

Cross Streets:

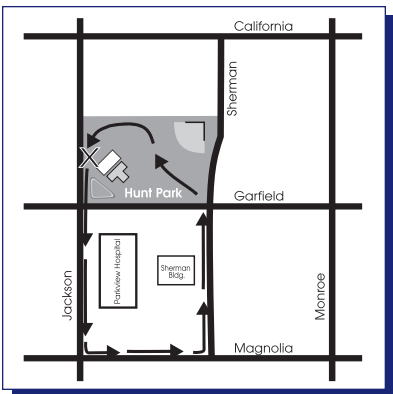
Garfield & Jackson

Parking:

At the park (on Jackson or Garfield).

About the Route:

Park has outstanding physical activity features (skate park, pool, playground, basketball, recreation center, baseball). The park holds great potential for family use. This is a common walking area for local employees.



Hunter Park

Walking Route:

Walk along the perimeter of the park, or follow the train tracks around the park.

Distance:

1,800 steps = 1 mile

Terrain:

Lumpy grass & dirt

Neighborhood:

Hunter Industrial Park

Cross Streets:

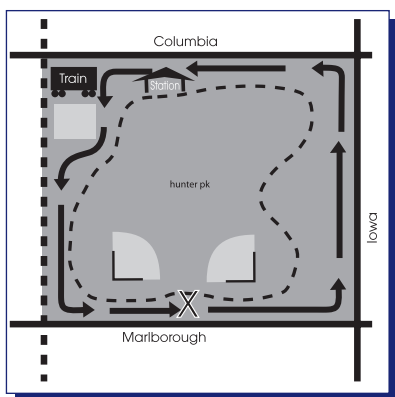
Columbia & Iowa

Parking:

Dirt parking lot off Marlborough, or park on dirt along curb.

About the Route:

Hunter Park offers mini-train rides every-other Sunday for children (10 am -2 pm), and has several tracks around the park. Plenty of shade and tables make this place a great picnic stop! The train set-up really excites the kids as they watch the trains go through the tunnels and over the bridge. The train station is on Columbia, next to the repair yard and the full-size train car. This park promises fun for the whole family.



Islander Park

Walking Route:

Start on the dirt trail on Big Springs Road. Take the left turn at the fork in the trail, and head to the back of the park. Veer to the right along the railroad tracks, and turn right to get back to the start.

Distance:

1,800 steps = 1 mile

Terrain:

Soft dirt trail

Neighborhood:

University

Cross Streets:

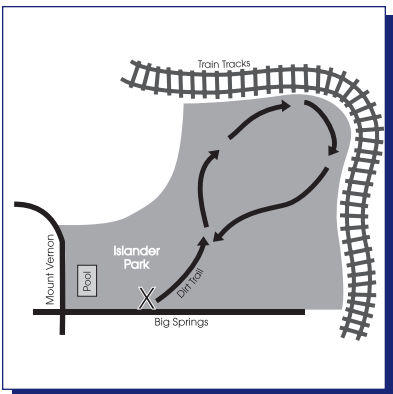
Big Springs Road & Mount Vernon

Parking:

Park on Big Springs, near the pool.

About the Route:

This park is a peaceful area for walking and running. Definitely a great place to take the dog. There isn't any play equipment for kids, but an adventurous trail along the train tracks at the base of the hills should keep their attention. There are several trails that continue up through the hills if you desire more of a challenge, just bring some water. This is a great place for birdwatching, and offers a great view of the city.



Not recommended for strollers, due to soft sand.

La Sierra Park

Walking Route:

Start at the parking lot on Gramercy, and turn right on Mitchell along the baseball fields. When you reach the end of the park, turn around and head back. Turn left on Gramercy, pass the Community Center and turn left on La Sierra. Walk to the end of the park, then turn around and head back to the parking area.

Distance:

2,000 steps = 1 mile

Terrain:

Sidewalk and grass

Neighborhood:

La Sierra Acres

Cross Streets:

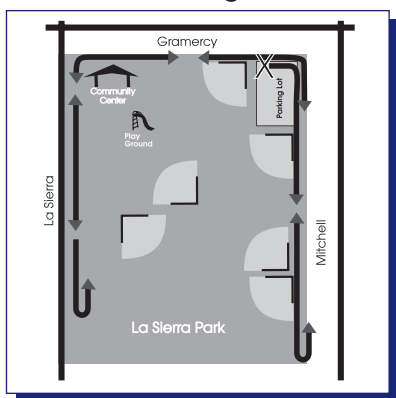
La Sierra & Gramercy

Parking:

The parking lot is on Gramercy, near the baseball fields.

About the Route:

This park was built for baseball! If you don't have a bat or glove, take a walk around the fields. You will find fun for the family at the playground, covered picnic area and recreation center. With all the baseball fencing, this park is a bit difficult to walk through so we recommend walking around the perimeter. Enjoy the home of La Sierra Little League and Riverside Girls Softball!



Lochmoor Drive

Walking Route:

Start at the Sycamore-Highlands Park site (under construction). Walk down Fair Isle to Lochmoor, and turn left. Head down Lochmoor, and turn around when you reach Kirkmichael. Go uphill on Lochmoor, turning right on Fair Isle to get back.

Distance:

2,000 steps = 1 mile

Terrain:

Hilly sidewalk (sometimes steep).

Neighborhood:

Canyon Springs

Cross Streets:

Fair Isle & Lochmoor

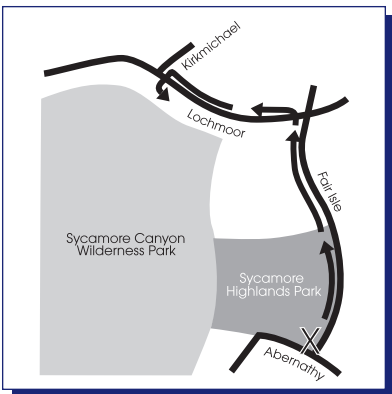
Parking:

Park on Fair Isle or Abernathy

About the Route:

This walk takes you through a new residential neighborhood. Once you turn the corner at Lochmoor, prepare for an expansive view of the city below. The hill can be a bit strenuous, so it is not recommended for strollers, bikes or skates. If you choose to continue to the bottom of the hill, don't forget about the long climb up! The park is a work in progress, and will be a nice place

for residents to play once it is completed.



Don Lorenzi Park

Walking Route:

Walk the sidewalk surrounding the park, taking the turn down the hill before the streetlight to avoid traffic. Start at Admiralty heading towards Jackson and turn right, right down the sidewalk ramp, right up to California, right at California and right on Donald.

Distance:

1,000 steps = 1/2 mile

Terrain:

Sidewalk

Neighborhood:

Arlington

Cross Streets:

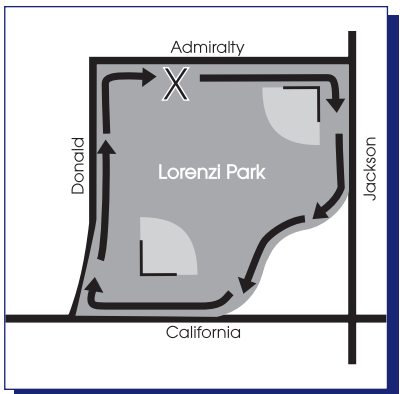
Jackson & California

Parking:

Lot available on Admiralty, or along curb on Donald.

About the Route:

This walk is a short trip around the rim of the park. There is plenty of shade, and slight traffic along Jackson. Because Don Lorenzi Park is dedicated to baseball, you can expect the park to be busy on afternoons and evenings with children and adults playing. There are restrooms and water available.



Magnolia Center Mile

Walking Route:

Start on DeAnza, heading north. Turn right on Nelson, and right on Bryce. Bear to the left, and turn left on Riverside. Turn left on Carlsbad (at the credit union), and follow Nelson to the left side, turning left on DeAnza.

Distance:

2,200 steps = 1 mile

Terrain:

Sidewalk & street crossings

Neighborhood:

Magnolia Center

Cross Streets:

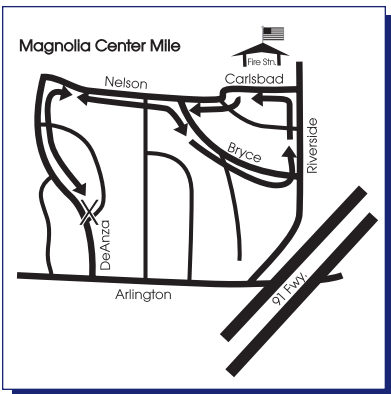
Riverside & Arlington

Parking:

Curbside along DeAnza, or any residential street along the route.

About the Route:

The sidewalk is a bit narrow, bordering the street. The age of the neighborhood leads the walkers on a tour of the older homes of Riverside. The streets wind pleasantly, and car traffic is slowed by speed bumps and stop signs. Driveways slope into the sidewalk and flowers often hang over the path, but they add to the authentic feel of the community.



Martha McLean-Anza Narrows Park

Walking Route:

Starting from the front gate, follow the main road veering to the left. Once you find the sidewalk, head towards the bike trail along the Santa Ana River. Take the bike trail to the right, pass the windmills, and turn right back towards the front gate.

Distance:

2,000 steps = 1 mile

Terrain:

Asphalt road & sidewalk, with hills.

Neighborhood:

Grand

Cross Streets:

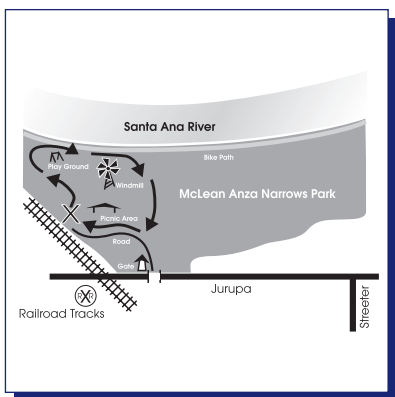
Jurupa, just west of Streeter (Park entrance is near the railroad tracks).

Parking:

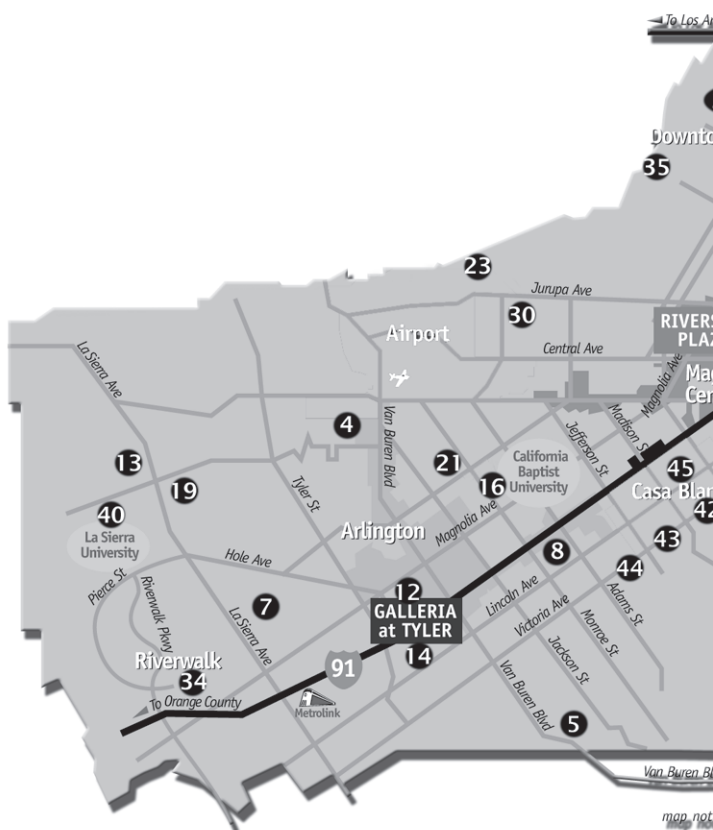
Charge of \$4 to drive inside the park. You can also park on residential streets nearby.

About the Route:

This park is a great picnic & play area with plenty of open grass and benches. Because it connects with the river bike trail, you could potentially walk, skate or bike to other locations including Mount Rubidoux and Fairmount Park. From the trail, you can see the skyline of downtown Riverside.

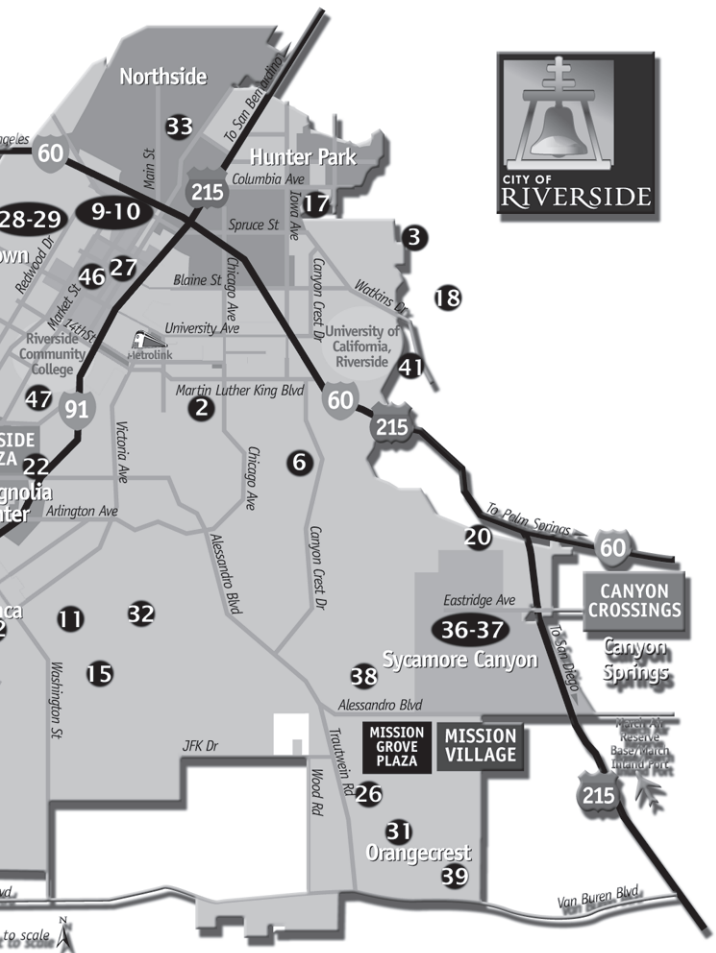


Walk Ri



Select a walking path to enjoy
on the corresponding page

verside



oy from the 46 maps found
ges throughout this book.

Mission Grove Mile

Walking Route:

Start at Taft Park on New Ridge. Head north to Mission Grove and turn left. Turn left on Canyon Crest, left on Wilding, and left on Basilone.

Distance:

2,000 steps = 1 mile

Terrain:

Sidewalk, moderate to steep hills.

Neighborhood:

Mission Grove

Cross Streets:

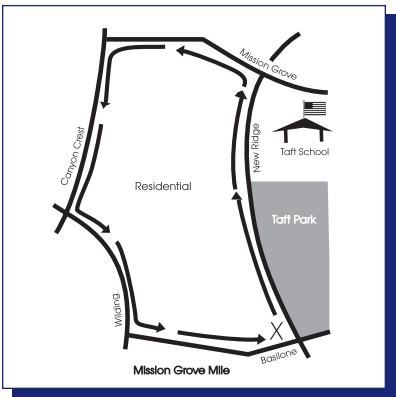
Mission Grove Parkway & New Ridge Road

Parking:

Park along the curb at the park, or at Taft Elementary.

About the Route:

This route takes you through the residential areas of Mission Grove, including Taft Elementary and Taft Park. The sidewalks are well-maintained, and each home displays the pride of the natural landscape and wildflowers of the area. There is scattered shade along the sidewalk route. Be prepared for a heart-pumping walking experience; these hills are challenging and invigorating!



Mission Inn & Main St. Pedestrian Mall

Walking Route:

Start behind library, turn right on Lemon, right on Mission Inn, left on Orange, right on 9th, right on Main, right on 5th, right on Orange, left on 6th.

Distance:

2,100 steps = 1 mile

Terrain:

Sidewalk & streets

Neighborhood:

Downtown

Cross Streets:

Mission Inn & Main Street

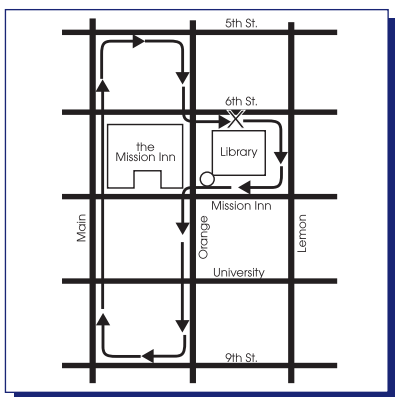
Parking:

On 6th Street (behind library) or along Mission Inn Avenue. Overflow lot on Market & 5th. Limited to 1-2 hours in some areas.

About the Route:

Wide sidewalks and plazas, occasional stops at traffic lights, downtown bustle keeps it lively. Busy intersections, but safe for walking.

Historically scenic, visually appealing, unique art & buildings, benches & greenery. An attractive area, rich in culture, with a steady stream of people.



Mount Rubidoux

Walking Route:

Enter gate, follow main road to the base of hill at Huntington Rock (where the trail splits).

Distance:

2,300 steps = 1.1 miles (from front gate to the rock, and back).

Terrain:

Gravel-asphalt road, wide pathway, at a slight incline, very stroller-friendly.

Neighborhood:

Downtown

Cross Streets:

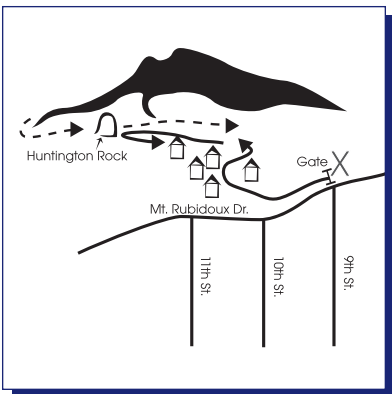
Ninth Street at Mount Rubidoux Drive

Parking:

Limited, on South-west side of residential street only.

About the Route:

Plenty of shade, away from traffic, many active people, flowers, cactus & trees, dog-friendly, great views of Riverside, high historical value, distance markers along path.



Mount Rubidoux Extended

Walking Route:

Enter through gates at Ninth Street and Mount Rubidoux Drive. Follow main road. At Huntington Rock, walk straight and turn right up to the top of the mountain. From the top, take the other trail down.

Distance:

Up Road 2.25 miles, Down Road 1.25 = 3.5 miles roundtrip

Terrain:

Gravel-asphalt road, wide pathway, at a slight incline, casual and serious walker friendly.

Neighborhood:

Downtown

Cross Street:

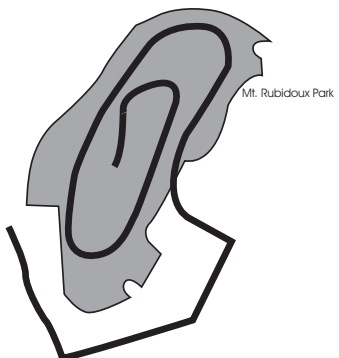
Ninth Street at Mount Rubidoux Drive

Parking:

Limited, on south side of Ninth Street or along the east side of Mount Rubidoux Drive

About the Route:

The path circles Mount Rubidoux featuring a delightful view of the Santa Ana River and Riverside. Historic landmarks include the Peace Tower, which was built in 1925, and a large white cross. The elevation of the trail raises 559 feet from the base of the mountain. Rock outcroppings feature seasonal flowers and cactus and is a popular rock climbing area. The trail is great for strollers and wheelchairs. Gate hours are sunrise to sunset.



Nichols Park

Walking Route:

Counterclockwise around perimeter of park, past Recreation Center, along back fence, left around baseball fields, back to front of park. Two laps equal one mile.

Distance:

1,100 steps = 1/2 mile

Terrain:

Sidewalk & grass

Neighborhood:

Airport

Cross Streets:

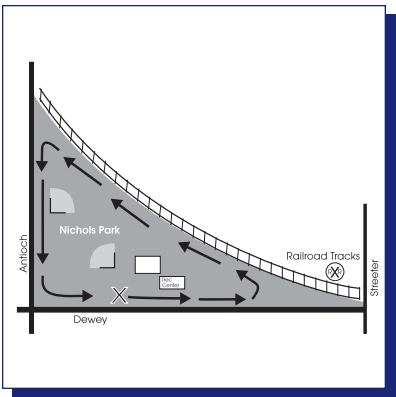
Dewey & Streeter

Parking:

Along Dewey at park.

About the Route:

Park has a great play surface for basketball/four-square, well-maintained, fun place for sports, small playground. Bring a ball to play with!



Orange Terrace Park

Walking Route:

Walk around the sidewalk perimeter surrounding the park, around the baseball fields, across the dirt trail, and back on the sidewalk towards the parking lot.

Distance:

1,500 steps = 3/4 mile

Terrain:

Sidewalk & dirt

Neighborhood:

Orangecrest

Cross Streets:

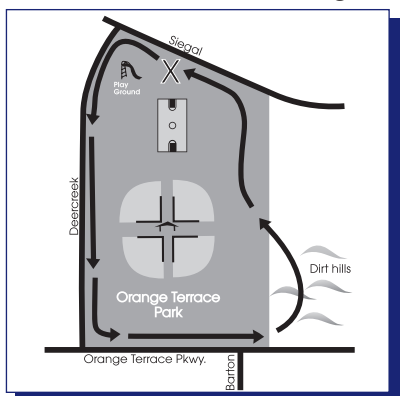
Orange Terrace Parkway & Barton Street

Parking:

Lot on the north side of the park, or along the curb.

About the Route:

Orange Terrace Park is an amazing park for all ages. A toddler-friendly playground is fun for the little ones, along with basketball courts and plenty of open space for the older set. This park holds four immaculate baseball fields with a concessions stand and restroom in the center. There are lights around the park, drinking fountains, bike racks, picnic benches and a gazebo. It is also one of the few parks to offer a parking lot off the street, as well as a great view of the mountains and lower Riverside.



Overlook Parkway

Walking Route:

Take Muirfield to Overlook, and turn right. Walk up the hill until you reach Golden Star, where you turn around and head down the hill.

Distance:

2,400 steps = 1 1/4 mile

Terrain:

Sidewalk, mild to moderate hills.

Neighborhood:

Alessandro Heights

Cross Streets:

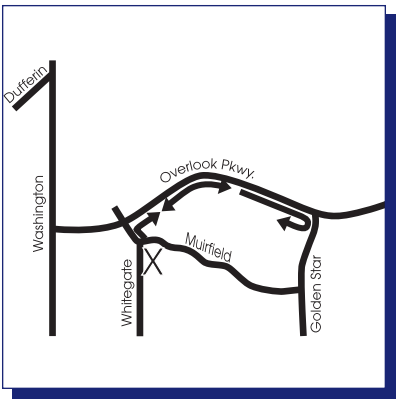
Overlook & Muirfield

Parking:

Park along the curb on Whitegate or Muirfield.

About the Route:

This route winds up the hillside estates along Overlook Parkway. This truly is the road less traveled, with only an occasional car passing by. The sidewalk has scattered shade areas, and shares a wonderful view of the Riverside valley. Once at the top, take a stop to look around, and enjoy the peaceful walk down.



Reid Park

Walking Route:

Start at the gym, and walk between the tennis court and pool along the dirt trail. Connect with the wide trail ahead and turn left. Follow the trail until you reach the end, then turn around and head back to the start.

Distance:

2,200 steps = 1 mile

Terrain:

Rough dirt trail

Neighborhood:

Northside

Cross Streets:

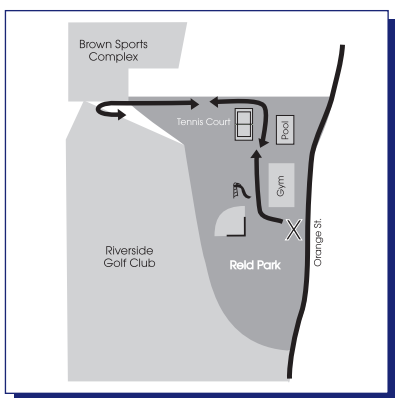
Orange Street (North of Columbia).

Parking:

Several parking lots at the park, near the gym.

About the Route:

This route takes you along the flood canal between the park, golf course and soccer complex. The wide dirt trail can get rough, so wear sturdy shoes. Once you've seen the soccer fields and golf course, you can return to the park to swim, play tennis or basketball.



Riverwalk

Walking Route:

Go north along the Riverwalk path, turning right on Collett. When you get to Creekrun, turn around and head back to Pierce.

Distance:

2,200 steps = 1 mile

Terrain:

Sidewalk

Neighborhood:

La Sierra

Cross Streets:

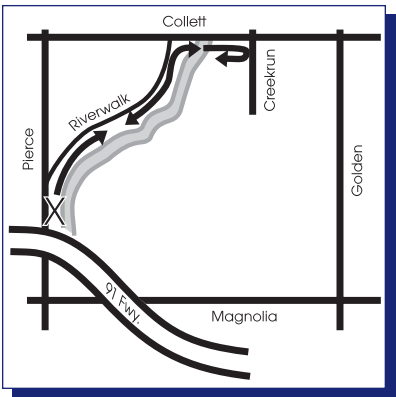
Pierce & Riverwalk

Parking:

You can park along the curb on Pierce, east of Riverwalk (near the businesses).

About the Route:

The neighborhood was designed around the Riverwalk path, allowing residents to enjoy a leisurely walk in a safe and relaxing environment. The landscaping is so authentic, many varieties of water birds have settled in to make it home. The path curves beside the stream, traversing several bridges along the way, with light poles to guide the evening walkers. Collett Avenue even offers a dirt path with fitness stations for a great walking workout. All the flowers,



trees, water and wildlife make this route a must-see!

Santa Ana River Trail

Walking Route:

Enter the trail at the northwest side of Fairmount Park near Redwood Dr. The paved path winds its way to Van Buren Boulevard.

Distance:

7.1 miles one way

Terrain:

Paved path

Neighborhoods:

Downtown, Grand, and Airport

Cross Street:

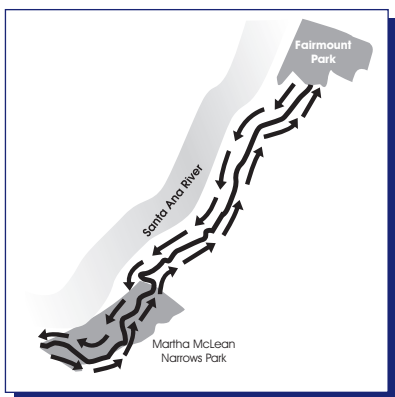
Redwood Dr. and Fairmont Park

Parking:

There are several parking areas in Fairmont Park and limited street parking on Redwood Dr.

About the Route:

The Santa Ana River Trail, used by walkers, runners, and cyclists, parallels the Santa Ana River Wildlife Area with views of Mt. Rubidoux. The path winds through Martha McLean Narrows Park with picnic and rest-room facilities available. The Riverside skyline can be seen on the return trip.



Sycamore Canyon Wilderness Park

Walking Route:

Start at trailhead (along Central). Take the far left path up along Central. Stay on the main trail, turning right at each fork in the trail.

Distance:

2,000 steps = 1 mile

Terrain:

Dirt & rock trail with steep hills in some spots. Wild grasses & tall brush flank both sides of the trail. Be sure to wear walking or hiking shoes with good traction. Long pants are recommended to avoid scratching legs on the brush.

Neighborhood:

Sycamore Canyon Park

Cross Streets:

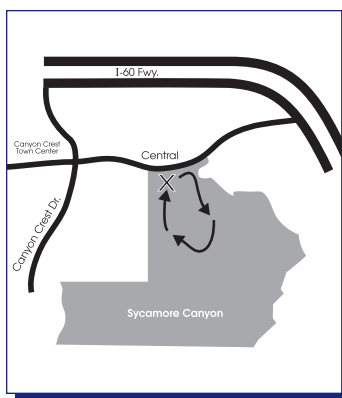
Central & Canyon Crest

Parking:

Look for a dirt lot on Central.

About the Route:

Sycamore Canyon is a preservation of natural Riverside wildlife, from wildflowers to native lizards. Be prepared for an adventure; exploring the hills and trails can be exciting, but also dangerous. Take precautions by walking with a companion, carrying water, wear proper shoes and stay on the marked trails. Respect the park



and the animals that make it their home. There are several trailheads along each border of the park, and many trails to discover. This is a great day-hike area for the whole family—bring the dog!

Sycamore Canyon Wilderness Park Ext.

Walking Route:

The main trailhead begins at 600 Central Ave. There are other trailheads on Box Springs Blvd., Alessandro Blvd. and Canyon Crest Dr.

Distance:

13.5 miles round trip

Terrain:

Approximately 3.5 miles of the trail has been cut and filled with sand, however, the trail becomes uneven with lots of growth

Neighborhood:

Sycamore Canyon Park

Cross Street:

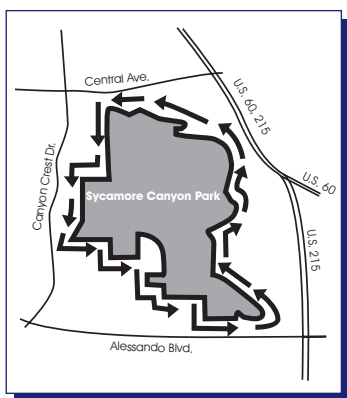
Central Ave. and Canyon Crest Dr.

Parking:

Parking lot on Central Ave.

About the Route:

As the largest open space reserve in the City of Riverside, Sycamore Canyon Wilderness Park Extended path is crisscrossed with multiple trails and fire roads. Largely undeveloped, the trails feature arroyos with desert plant and animal life.



Taft Park

Walking Route:

Start at the park, walking up the hill to Carobwood. Turn left along the school grounds, onto Mission Grove, and left on New Ridge.

Distance:

1,400 steps = 2/3 mile.

Terrain:

Sidewalk, moderate to steep hills.

Neighborhood:

Mission Grove

Cross Streets:

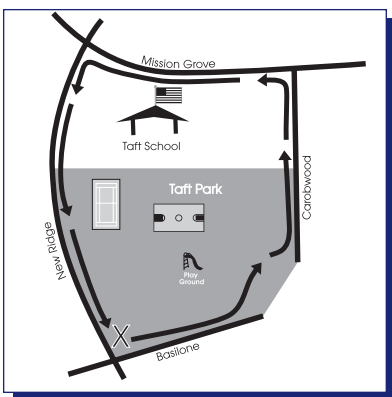
Mission Grove Parkway & New Ridge Road

Parking:

Park along the curb at the park, or at Taft Elementary.

About the Route:

Taft Park is filled with activities, including tennis courts, basketball, and a VitaCourse fitness path (with several stations for stretching and strength exercises). Playgrounds, hilly grass areas, and beautiful foliage make this park unique for walking. The sidewalk is in mint condition, with little traffic beyond school hours.



Thundersky Park

Walking Route:

Walk around the sidewalk perimeter surrounding the park.

Distance:

1,300 steps = 2/3 mile

Terrain:

Sidewalk

Neighborhood:

Orangecrest

Cross Streets:

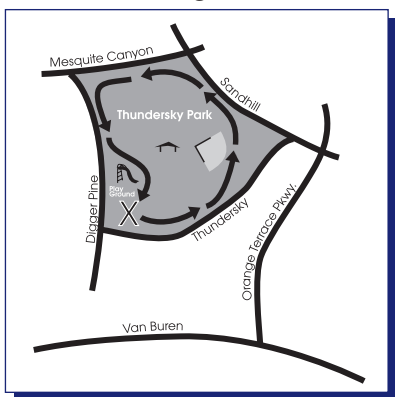
Sandhill & Thundersky (Off Orange Terrace Parkway).

Parking:

Park along the curb on all sides of the park.

About the Route:

Thundersky Park has an open field area, with vast space for playing soccer, tag, and baseball. The walking path is wide and far from the road. Street lamps are positioned around the path, with several benches at which to rest. There is little shade available until trees mature, with a gazebo in the center of the park for partial cover. The park has a nice playground for young children, and an unobstructed view of the mountains. It is a very neat and tidy neighborhood perfect for walking, with several parks and schools nearby.



Tilden Trail

Walking Route:

Start at the corner of Tilden & Gramercy. Hike up the wide trail, staying to your right when the trail splits. Take the hill up to the very top, turning right at the large rock with a painted arrow. Once at the peak, enjoy the view and hike back down (staying to your left).

Distance:

2,200 steps = 1 mile

Terrain:

Dirt trail through steep and slanted hills with tall wildflower growth.

Neighborhood:

La Sierra Hills

Cross Streets:

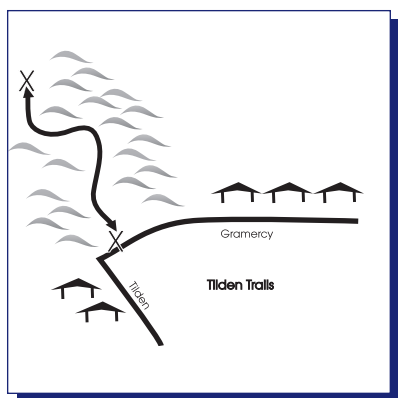
Gramercy & Tilden (where Gramercy ends).

Parking:

Park along the curb where Gramercy turns into Tilden.

About the Route:

This hike is vigorous and rough. Be sure to wear athletic shoes with gripping soles. The grade is steep and often slanted, and the trail is full of ruts from the rain. At the peak, you have a 360° view of Norco, Corona, La Sierra and Riverside. Wildflowers and birds can turn this hike into a nature hunt. If you have an



adventurous side, this is the place to explore! Notably, this walk is not recommended for young children or people with poor balance.

UCR Botanical Garden

Walking Route:

The entrance of the garden features wheelchair accessibility. Find a map of the trails at the entrance of the garden.

Distance:

Walking path around the garden is approximately 1 mile with 4 - 5 miles of trails winding throughout.

Terrain:

There is a paved path for a quarter of a mile loop and various gravel and dirt paths throughout the garden.

Neighborhood:

University

Cross Street:

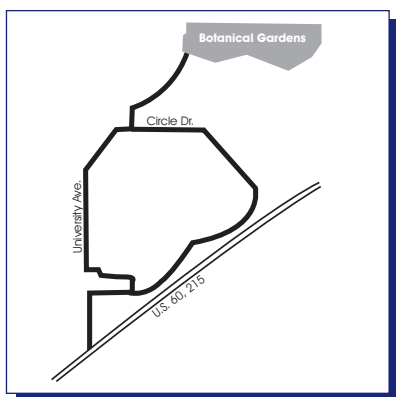
Enter the University of California, Riverside campus on Canyon Crest Dr., turn right onto Campus Circle Dr. winding through campus, and turn right in to general parking area that leads to the UCR Botanical Garden parking lot.

Parking:

Limited parking in free parking lot for garden.

About the Route:

The UCR Botanical Garden occupies nearly 40 acres of rugged, hilly terrain with two prominent arroyos, a spectacular assemblage of huge, weathered granite boulders and more than 3,500 plant species. The garden is open 8:00 a.m. – 5:00 p.m. except New Year's Day, July 4th, Thanksgiving and Christmas Days. www.gardens.ucr.edu



Victoria-Cross

Walking Route:

Start south on Cross, turning left on Victoria. Turn left at Boundary, and left again on Sagittarius. Left on Cross to return to the start.

Distance:

1,900 steps = 1 mile

Terrain:

Sidewalk and asphalt bike path.

Neighborhood:

La Sierra South

Cross Streets:

Victoria & Cross (west of Tyler).

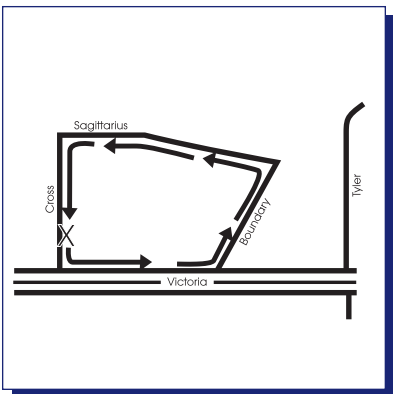
Parking:

Park on residential streets at Cross or Gemini.

About the Route:

This route takes you through the hidden residences of Victoria's orange groves. As you walk down Cross, you can see the local horses grazing. Victoria Avenue is known for bicycling, running and walking with its wide shaded path and divided traffic lanes.

The corner of Victoria & Cross is a proposed park site, but currently an open field of wildflowers.



Victoria Loop

Walking Route:

Follow Horace towards Victoria, turn left on Victoria, left on Lincoln, left on Horace.

Distance:

2,000 steps = 1 mile

Terrain:

Sidewalk & asphalt path, parts of Victoria are at a slant with slight grades.

Neighborhood:

Victoria

Cross Streets:

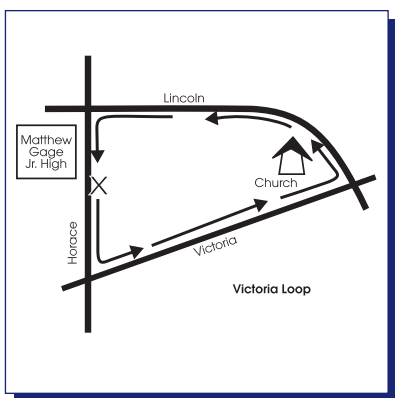
Victoria & Horace

Parking:

Along Horace (by Gage Middle School).

About the Route:

This route offers great shade and is distant from busy streets and traffic.



Victoria Extended

Walking Route:

Begin the path on Victoria Ave. at Central Ave. and proceed west to La Sierra Ave.

Distance:

7.3 miles one way

Terrain:

Paved path with parkway divides most of the path.

Neighborhood:

Victoria, Casa Blanca, Hawarden Hills, Presidential Park, Arlington Heights, and Arlington South

Cross Street:

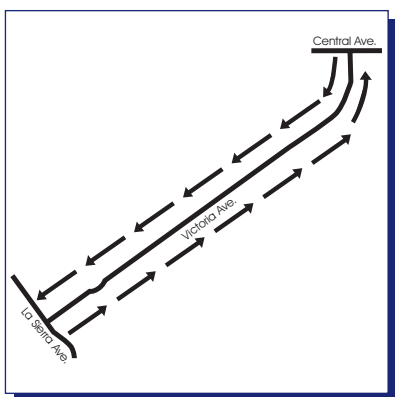
Victoria Ave. and Central Ave. or Victoria Ave. and La Sierra Ave.

Parking:

Street parking on various side streets along the way. Limited Parking at Washington Park on Mary Street.

About the Route:

Victoria Avenue is listed on the National Park Service's National Register of Historic Places. It features separate paved walking and bicycle paths, hundreds of tree and plant specimens, and the famous Ragged Robin Rose. The Dr. Peter M. Lewis Garden, on Victoria Avenue at Jane Street, offers information about the plant life and benches for rest. The tree lined path offers shade and makes this a delightful walk. A great trail for strollers.



Villegas Park

Walking Route:

Start at the library and turn right on Emerald. Turn left at the park, and follow the border of the park as it turns left on Bunker and right at the baseball field. Turn left at Esperanza, left on Diamond and left on Madison.

Distance:

1,500 steps = 3/4 mile

Terrain:

Sidewalk, dirt and asphalt.

Neighborhood:

Casa Blanca

Cross Streets:

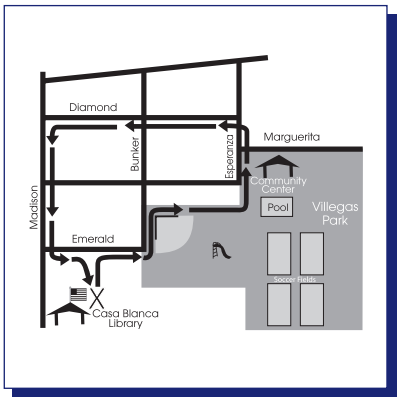
Madison & Emerald

Parking:

Park at the library parking lot on Emerald.

About the Route:

This route takes you along the outskirts of Villegas Park, one of the largest parks in the city. With soccer, baseball, swimming and handball, residents have a great choice of physical activities. Madison Street was designed for pedestrians, with dividers, planters and cobblestone crosswalks. At the Casa Blanca Learning Center, you can check out a book or study on the inter-



White Park

Walking Route:

Follow the figure-eight path around park.

Distance:

600 steps = 1/3 of mile (three laps= 1 mile)

Terrain:

Sidewalk

Neighborhood:

Downtown

Cross Streets:

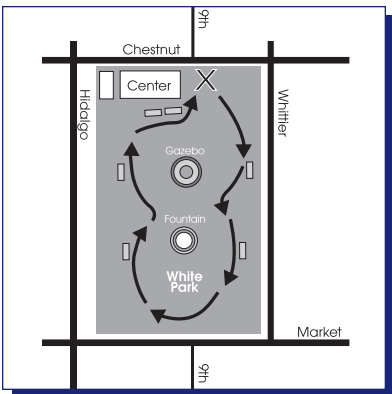
Market & 9th Street

Parking:

On Chestnut & 9th (or along Market).

About the Route:

The park has a variety of enticing greenery and a unique cactus garden. It is convenient for local business people to visit on breaks. Walking path is wide, with a fountain in the center of the park. Tables, benches, water and restrooms are available.



Wood Streets

Walking Route:

Start at Magnolia Elementary School (on Maplewood). Cross the street at Brockton and turn right along the sidewalk. Turn right at Bandini, crossing at the light. Turn right on Magnolia, and right on Maplewood.

Distance:

2,800 steps = 1.4 mile

Terrain:

Sidewalk & street

Neighborhood:

Wood Streets

Cross Streets:

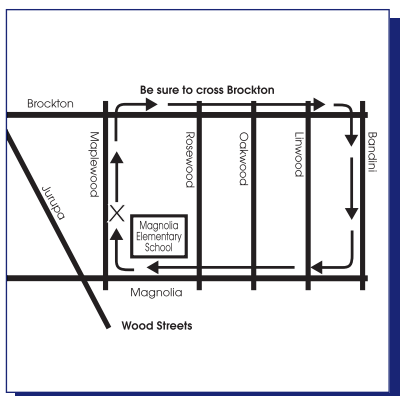
Magnolia & Maplewood (just east of Jurupa).

Parking:

Along Maplewood, near the school.

About the Route:

School zone has low traffic at slow speeds. Sidewalks on Brockton and Magnolia are well separated from the street, and pleasantly shaded. Each house along the way has a unique design and landscape.



Walking Tips

Walking Tips

- ☐ Before you start a walking program consult your doctor.
- ☐ Warm up and cool down with 5 minutes of slow walking and light stretching to prevent injuries and increase flexibility.
- ☐ Wear comfortable, sturdy shoes with a good arch support.
- ☐ Work up to a minimum of 30 minutes a day, 5 days a week of walking or other moderate physical activity.
- ☐ Drink plenty of water before, during and after you exercise.
- ☐ Wear sunscreen and a hat to protect you from the sun.
- ☐ Keep safety in mind when you plan your route. Be aware of your surroundings.
- ☐ Walk in the daytime or at night in well lighted areas.
- ☐ Walk with a friend, there is safety in numbers.
- ☐ Walk against traffic whenever possible.
- ☐ Always carry some form of personal identification in case of emergency.